



HM Government

Covid-19 Wellbeing & Recovery Programme

Support for Education Settings

This project is funded by the Department for Education, Department of Health and Social Care, in partnership with Health Education England, Public Health England, NHS England and NHS Improvement



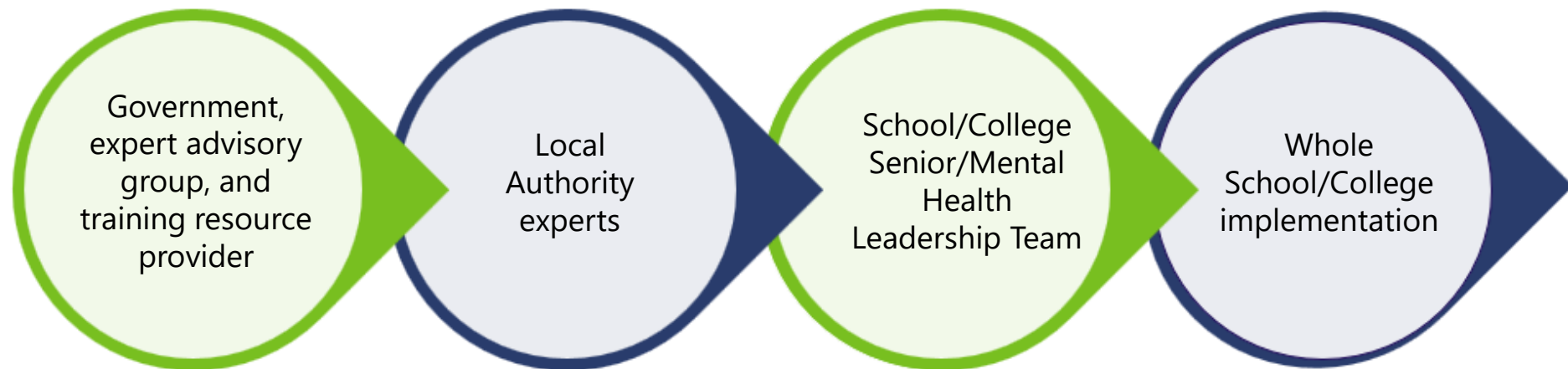
Broad Overview

Overarching Aim

To support education staff in their ongoing efforts to protect and strengthen whole school/college resilience and wellbeing, in direct response to impacts of Covid-19 on mental health.

Model of Implementation

This support will be delivered nationwide using two linked webinars, cascading through a 'train the trainers' model, to nominated education staff, who will further cascade within their settings.



Outline of Webinar Content

Webinar 1: Taking a Whole School Approach to Wellbeing, Resilience & Recovery

- The Psychology of Wellbeing & Resilience
- A Graduated Approach To Supporting Wellbeing & Resilience
- Next Steps & Local Resources

Webinar 2: Responding to Individual Needs in the Context of Recovery

- Bereavement & Loss
- Low Mood and Anxiety
- Next Steps & Local Resources

Offer to Schools/Colleges

The two webinars will be run using Teams between November 2020 and early 2021; with follow-up targeted support available from October 2020 until March 2021.

All settings can access two places on the webinars, one of which needs to be by their nominated senior mental health lead.

Online booking details have already been sent out to schools and colleges – please speak to your SEN Link Partner if required.

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