



Ambition for County Durham Children, Young People and Family Advisory Board:

- To be an established group with a recognised role that can make **impact**
- To be a '**go to**' central forum for children, young people and families to have their voices heard around mental health in County Durham.
- To be a '**go to**' forum for professional organisations working in the mental health arena to enable children, young people and family's voices to be at the heart of service development and improvement.
- To be an **equal voice** in the design and development of any new services or programmes that are to be delivered across County Durham
- To play a key role in the **evaluating** the effectiveness of current emotional and mental health provision in County Durham
- To have an opportunity to contribute to be involved with on-going **dialogue** that impact on CYP mental health support
- To provide **challenge** and **scrutinise** decisions made by the mental health partnership groups
- To play a key role in scoping new opportunities and **recognising good practice** in mental health in County Durham and Nationally
- Members of the board will be the **representatives** on other groups such as the resilience subgroup or the locality networks
- The group will report directly to the LTP



Structure:

- Bi-monthly meetings & wider E-Network/Social Media Forum to ensure a wider voice is captured
- 30 people recruited to take up paid roles (15 young people and 15 parents)
- The Advisory Committee will be Chaired by CYP and a parent
- Professionals working in the mental health field will be invited to be participants
- Needs led agenda
- The work of the Advisory Committee will inform the work of the CYPMH Local Transformation Partnership (LTP) and will be a standard agenda item at every LTP meeting
- The work of the committee will build on and complement existing networks e.g. school councils, parent forums but remain focused on children and young people's mental health.