



# MHST Update

## North Durham Locality

**Emma Cook**

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# Senior Leadership Team



Angela Maddison - Service Lead



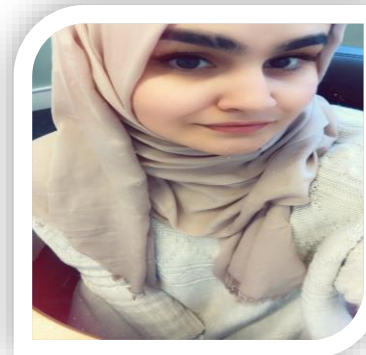
Emma Cook - Team Manager



Blanche Kipling  
Psychological Therapist  
/Clinical Lead

Photo  
Pending

Darren Howell  
Psychological Therapist  
/Clinical Lead



Sonia Osman - Admin



Lindy Brooke - Admin

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**North Durham**  
**Senior Psychological Wellbeing Practitioners**



Rebecca Wrightson



Susan Moore

**Educational Mental Health Practitioners**



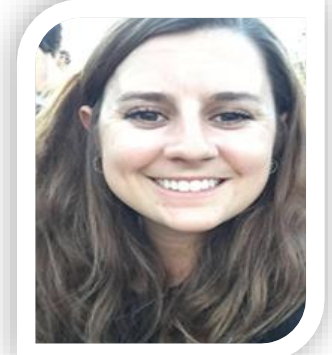
Grace Carruthers



Kaylee Ranft - Trainee



Robert Brent - Trainee



Eve Armit - Trainee

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## North Durham

Peer Mentor Support Worker



*Tad Billam*

Advisory Teacher



*Caroline Daly*

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## Where are we now?

- There are 28 education settings across the North (the team have made contact with 24 up to now).
- Over 285 pupils in the North have now attended WEE sessions.
- 725 students ,over 7 schools, have now attended Feelings Sessions.
- 5 secondary/ higher education provisions are receiving 1-1 sessions for young people.
- PLCBT groups are running virtually.
- All 24 provisions that we have made contact with have access to consultations and are actively using them.
- 1 school is currently receiving the Peer Mentor offer, and several more are interested.
- The advisory teacher for the North is currently offering one to one interventions for young people and will be delivering the Durham Resilience Programme within one of the secondary settings after summer.

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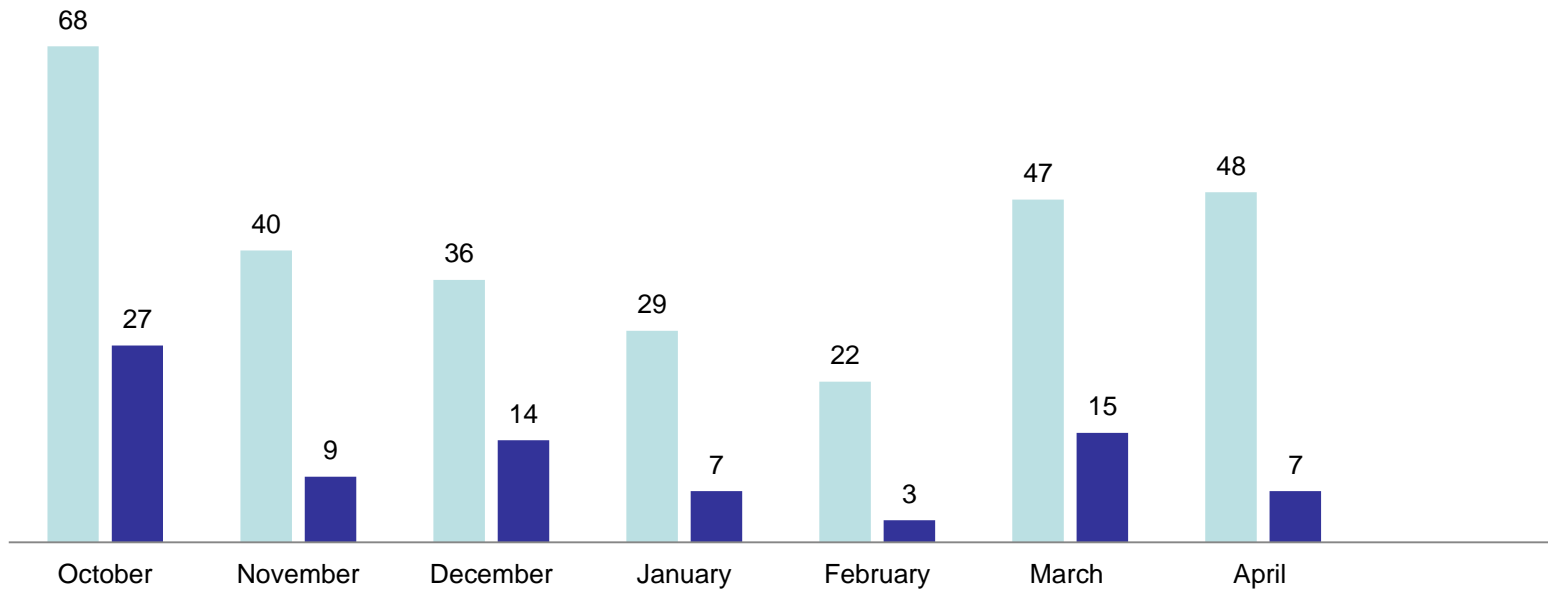
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# Referrals

## Referrals

■ MHST Total ■ North



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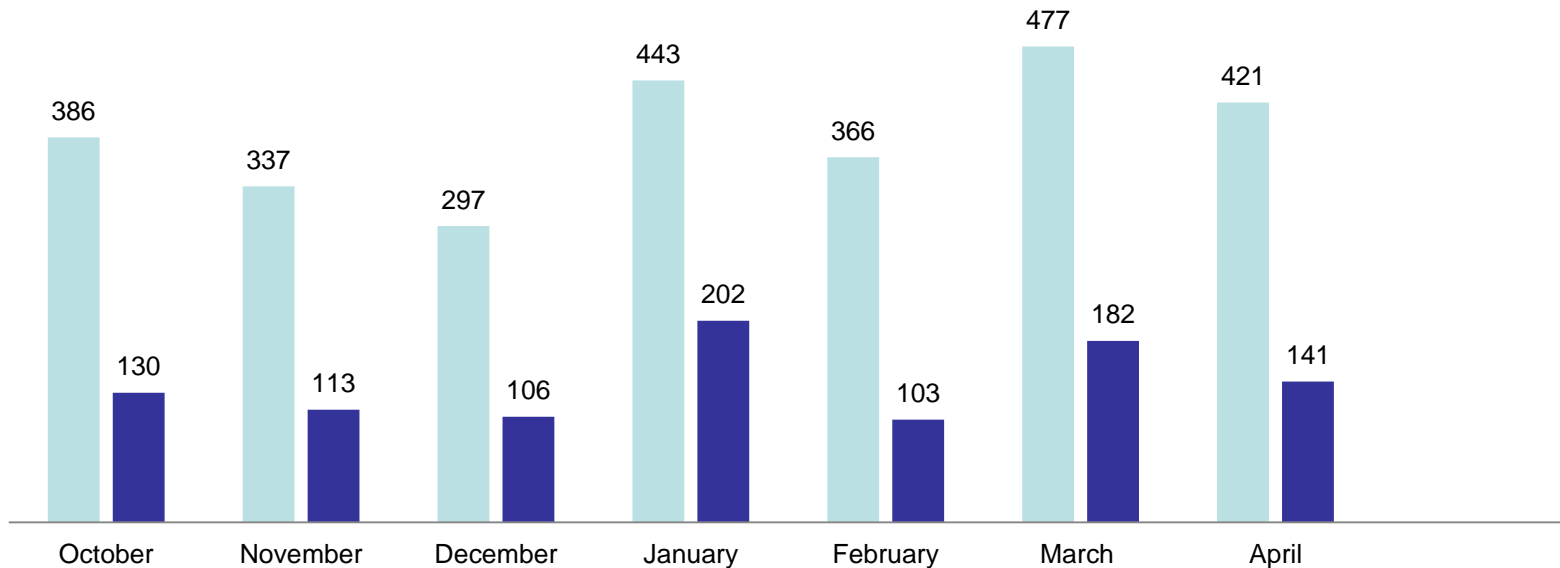
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# Contacts (with C&YP)

## Contacts

■ MHST Total ■ North



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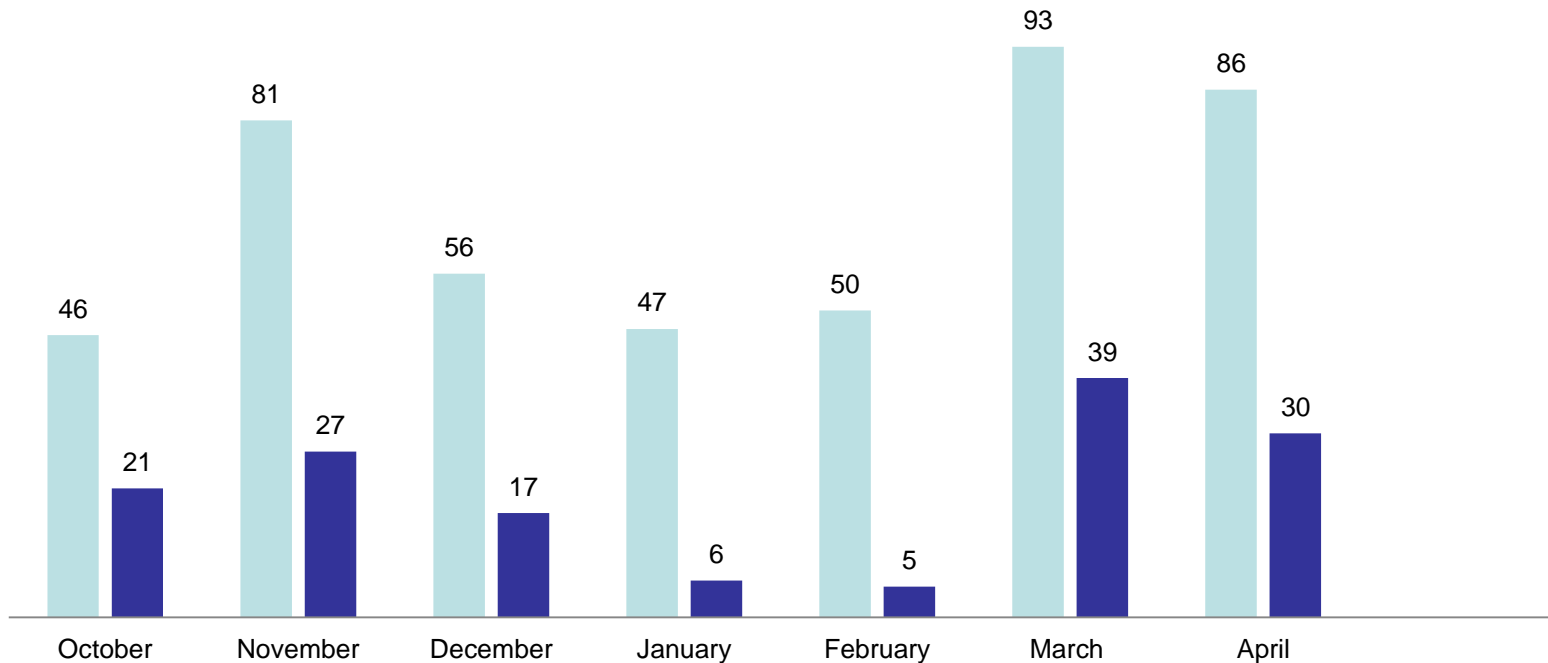
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# Consultations (with Settings in hours)

## Consultations

■ MHST Total ■ North



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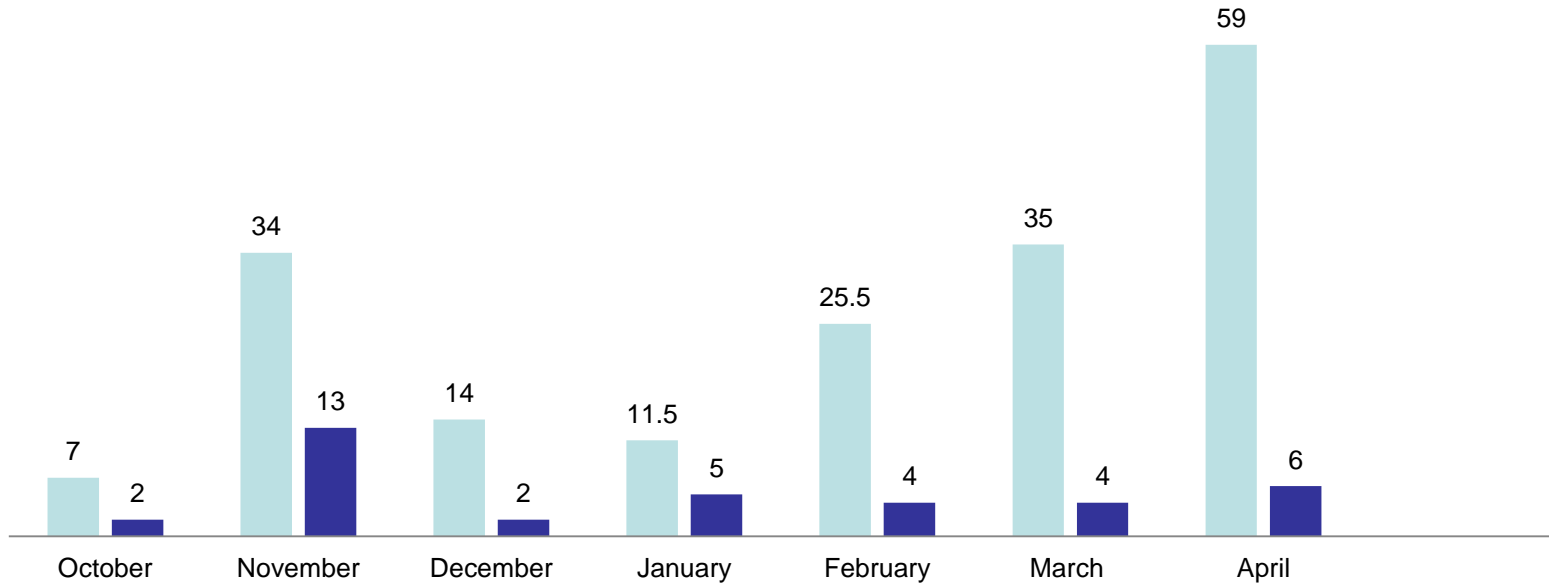
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# Whole School Approach (hours)

## Whole School Approach

■ MHST Total ■ North



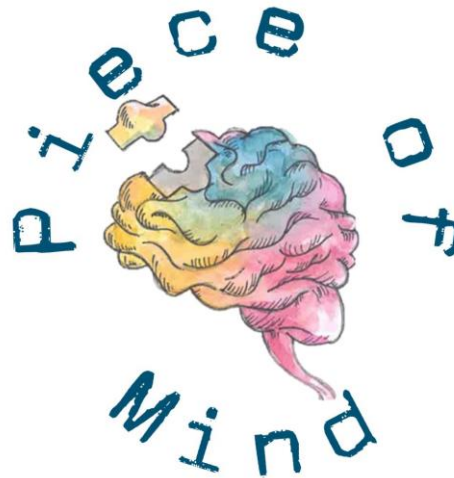
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# Our plans going forward...

Roll-out of the new team name and logo...



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# Questions



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# CAMHS Update

**Angela Maddison**

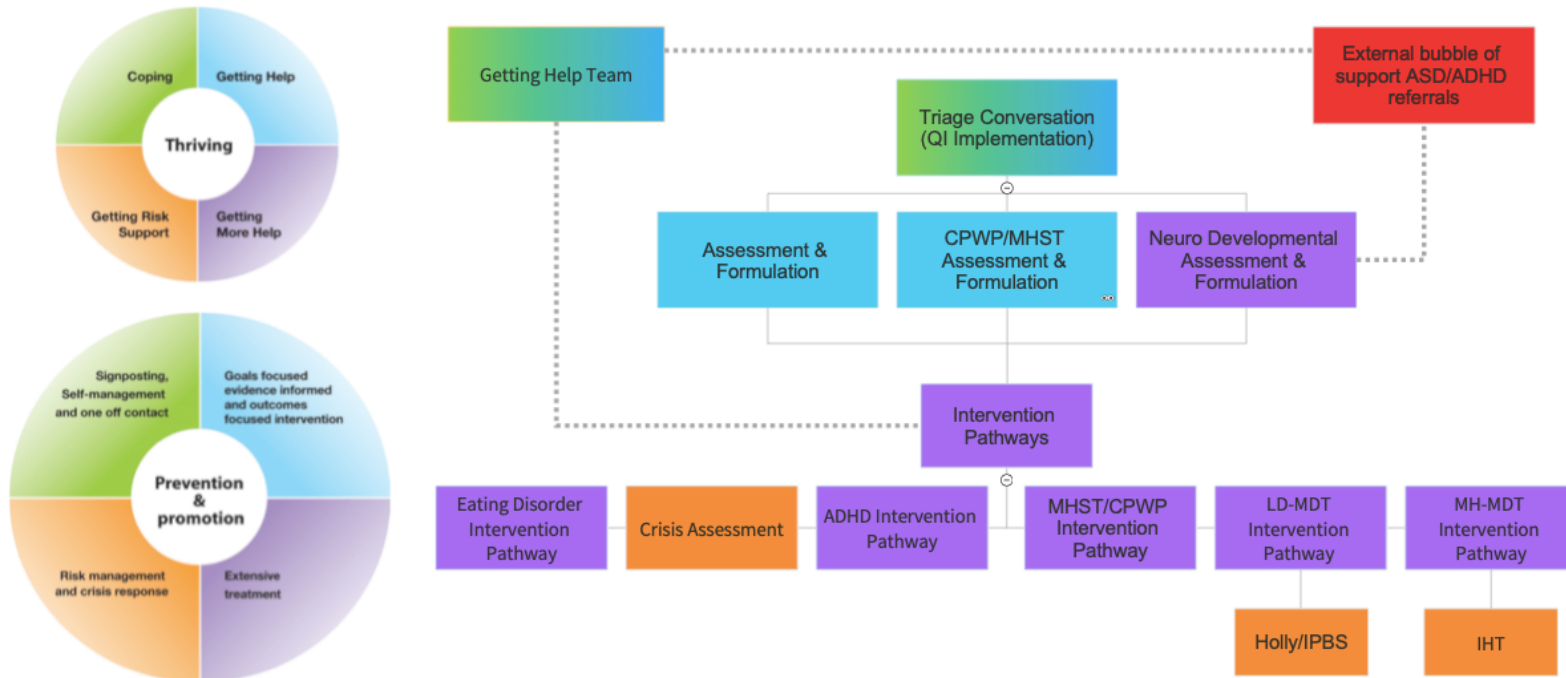
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# CAMHS Transformation

## Durham and Darlington CAMHS - Draft Model



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## 3 Categories of CAMHS

- Mild to moderate
- Neurodevelopment
- MDT

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## Investments

- EDT
- MHST
- SPA
- Neuro

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## Break-out Room

### Question

What would help schools transition to this new pathway, where the emphasis is on professionals involved with the young person being more responsible for the referral to a specialist diagnosis pathway?

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